

Nasal Swab Sample Collection Instructions

1 Use hand sanitizer.



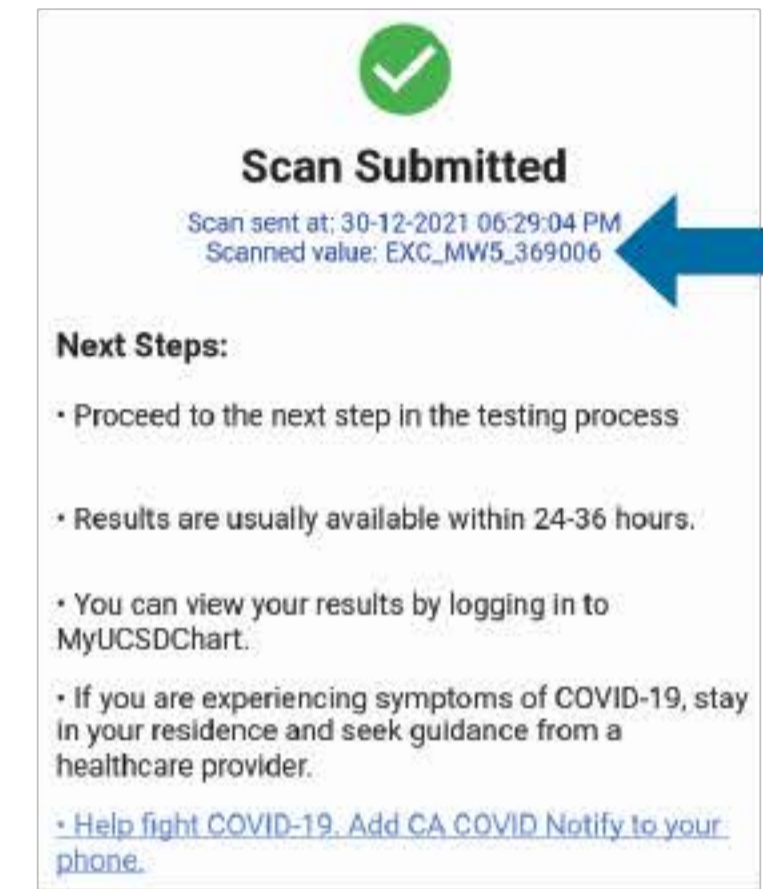
2 Pick up the tube.



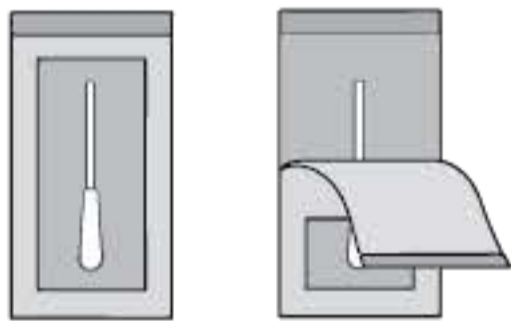
3 Scan tube barcode using the UCSD mobile app on your phone or tablet.



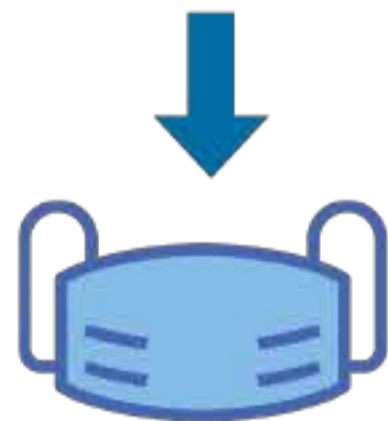
4 Make sure the barcode number on the top of the app's confirmation page matches your tube.



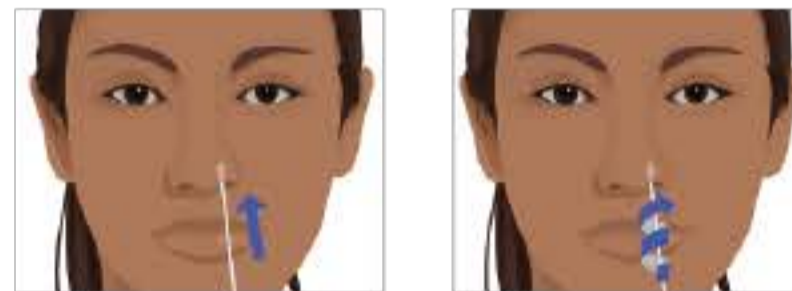
5 Peel open swab package.



6 Insert swab tip 1 cm (1/2 inch) into one nostril. Rotate tip against septum 3 times. Hold in place 15 seconds.

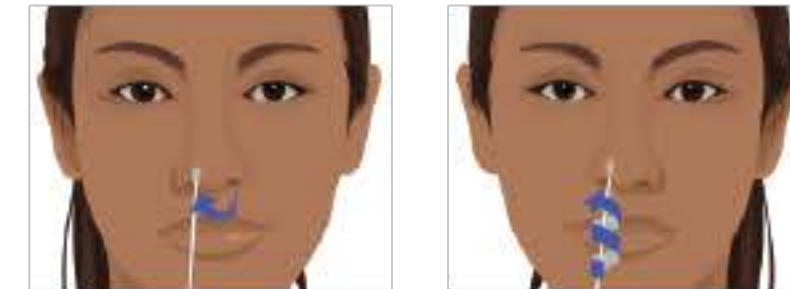


Lower your mask to just below your nose.



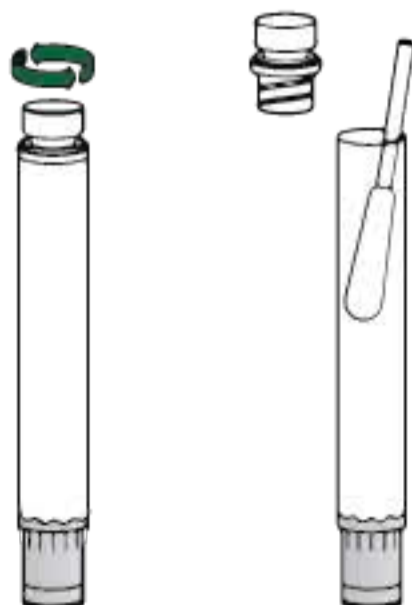
15 sec

7 Repeat with other nostril.

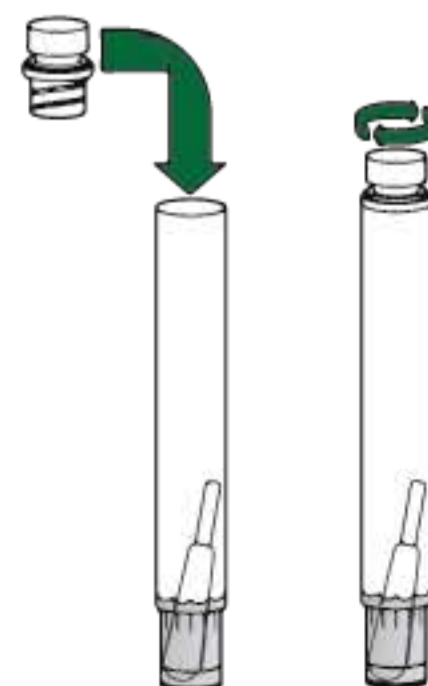


15 sec

8 While holding the swab, unscrew tube lid. Drop the swab into the tube.



9 Screw on tube lid firmly.



10 Use hand sanitizer.

