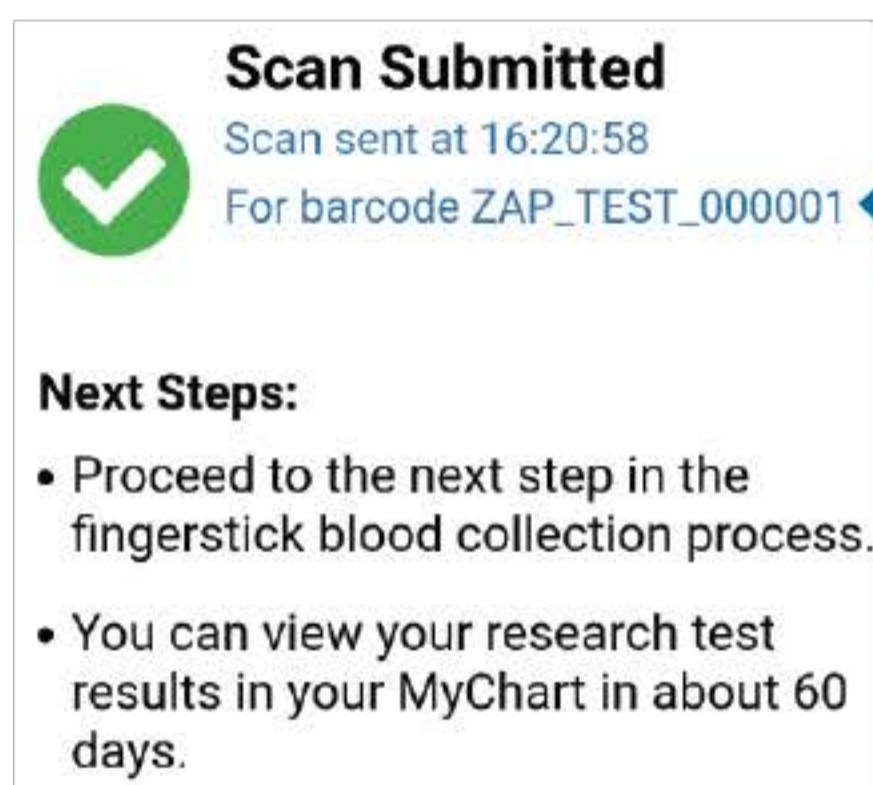


Fingerstick Blood Sample Collection Instructions

1 Scan blood collection card barcode using the UCSD mobile app on your phone or tablet.



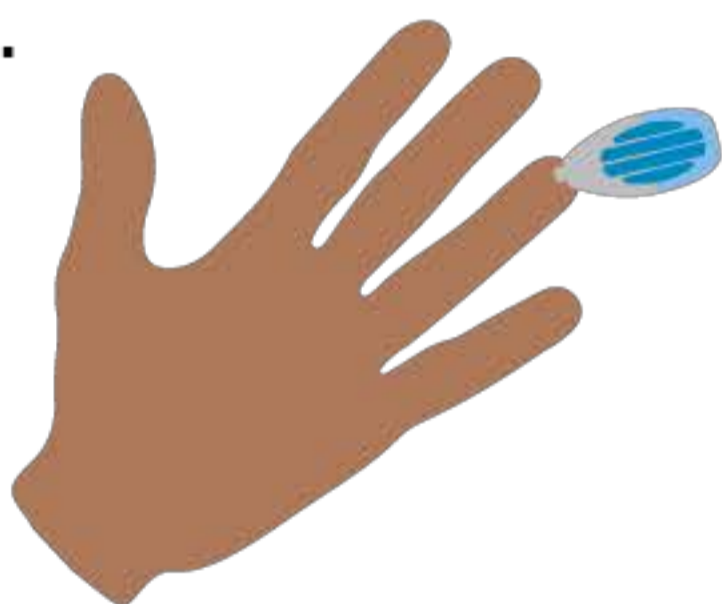
2 Make sure the barcode number on the top of the app's confirmation page matches your card



3 Select a finger (middle or ring finger of the hand you do not write with). You will be making the puncture so that it is across your fingerprint, not in line with the fingerprint. Clean the selected site with an alcohol swab and air dry.



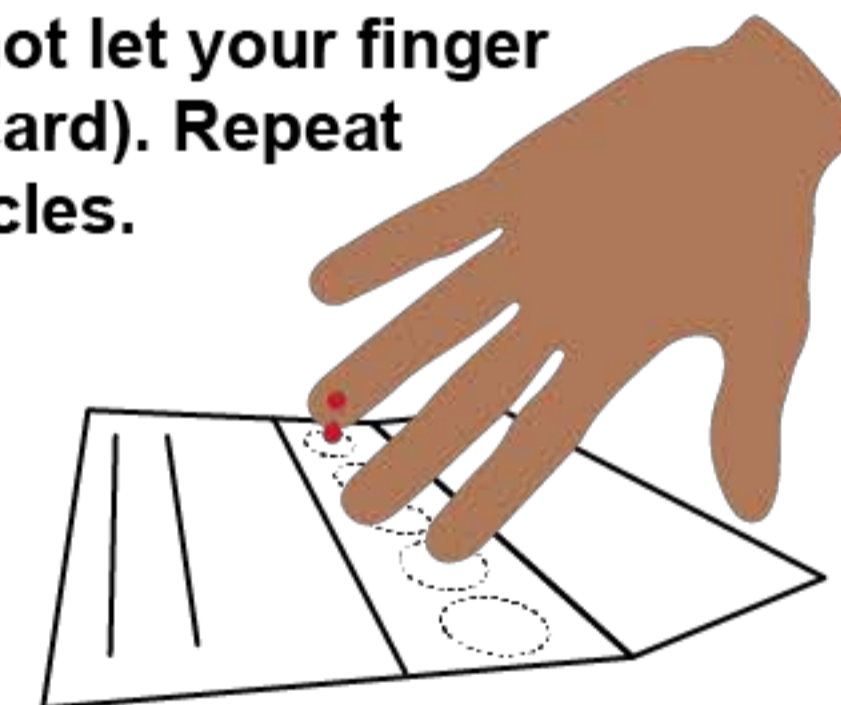
4 Twist off the cap from the lancet. Press the lancet firmly against the selected site and hold it there until you hear the click. Wipe off the first drop of blood with sterile gauze.



5 Allow a large drop of blood to form. You can gently massage the base of your finger to help the blood flow more quickly.



6 Gently touch the blood drop to the center of the first circle of the card. You want the blood to soak in and **COMPLETELY** fill the circle (do not let your finger touch the card). Repeat for all 5 circles.



7 Multiple small drops can be put into the same circle, but don't put them on top of each other.



8 Hold a sterile gauze against your finger until the bleeding stops, then apply a bandage.

