

UCSD ZAP COVID-19 Sample Collection Instructions




You will need to download the "UCSD mobile app" from the App Store (iPhone) or Google Play (Android). If you have difficulty downloading or using the UCSD mobile app, please contact mobile@ucsd.edu.





Your results will be sent to your MyChart account in the UCSD EPIC Electronic Health Record. The anterior nares COVID-19 qPCR test result will be returned as a clinical result in 24-48 hours. The neutralizing antibody result will be returned as a research result in about 60 days.

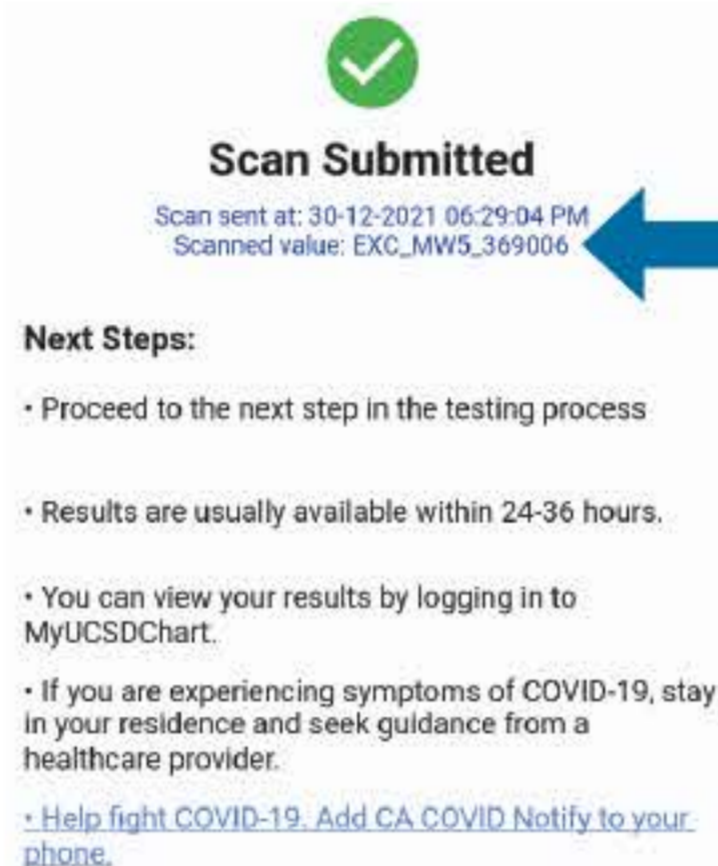
Nasal Swab Sample Collection Instructions

- 1 Use hand sanitizer.


- 2 Pick up the tube.


- 3 Scan tube barcode using the UCSD mobile app on your phone or tablet.

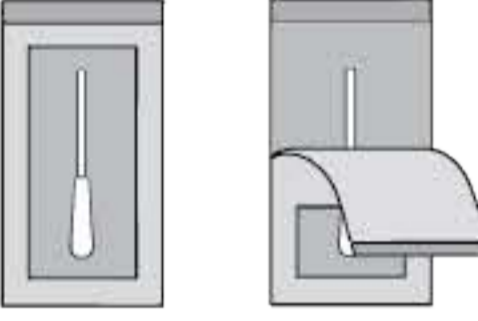

- 4 Make sure the barcode number on the top of the apps's confirmation page matches your tube.

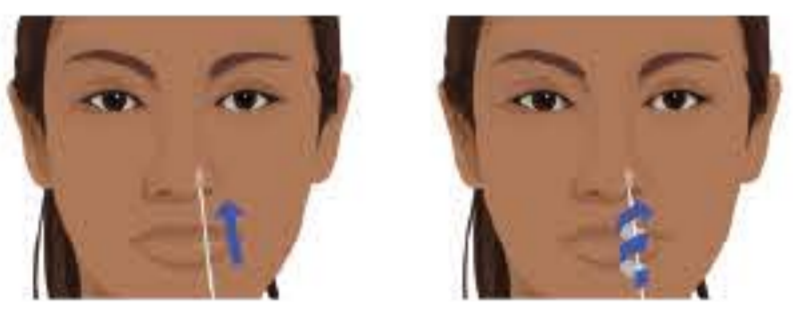


Scan Submitted
Scan sent at: 30-12-2021 06:29:04 PM
Scanned value: EXC_MW5_369006

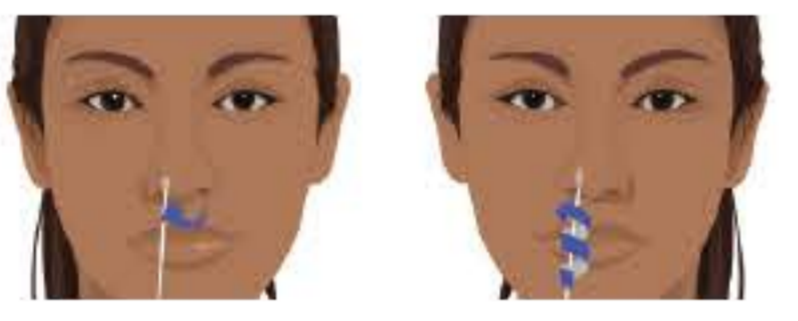
Next Steps:

 - Proceed to the next step in the testing process
 - Results are usually available within 24-36 hours.
 - You can view your results by logging in to MyUCSDChart.
 - If you are experiencing symptoms of COVID-19, stay in your residence and seek guidance from a healthcare provider.
 - Help fight COVID-19. Add CA COVID Notify to your phone.
- 5 Peel open swab package.

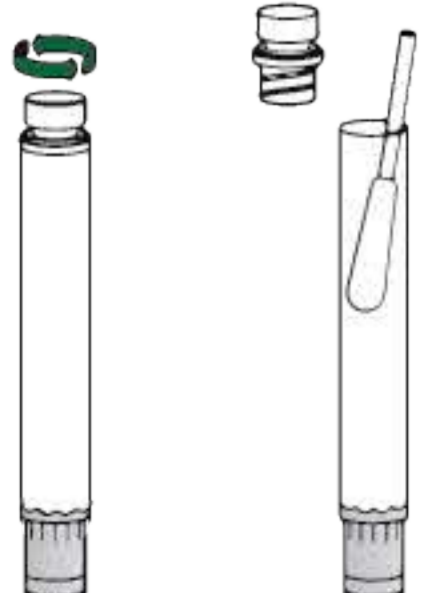

- 6 Insert swab tip 1 cm (1/2 inch) into one nostril. Rotate tip against septum 3 times. Hold in place 15 seconds.

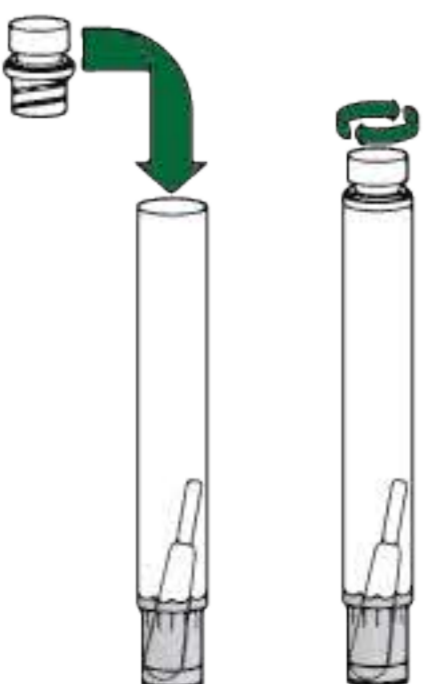



15 sec
- 7 Repeat with other nostril.



15 sec
- 8 While holding the swab, unscrew tube lid. Drop the swab into the tube.



- 9 Screw on tube lid firmly.

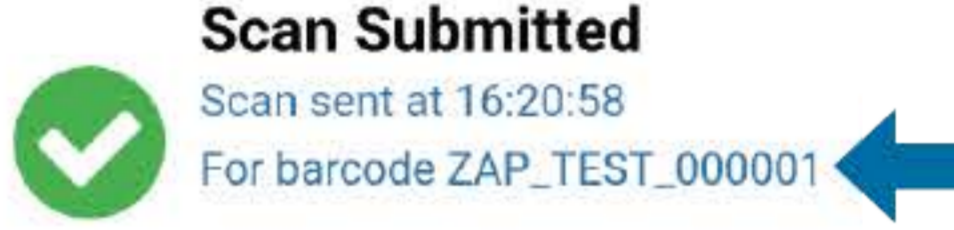

- 10 Use hand sanitizer.



Fingerstick Blood Sample Collection Instructions

- 1 Scan blood collection card barcode using the UCSD mobile app on your phone or tablet.



- 2 Make sure the barcode number on the top of the apps's confirmation page matches your card

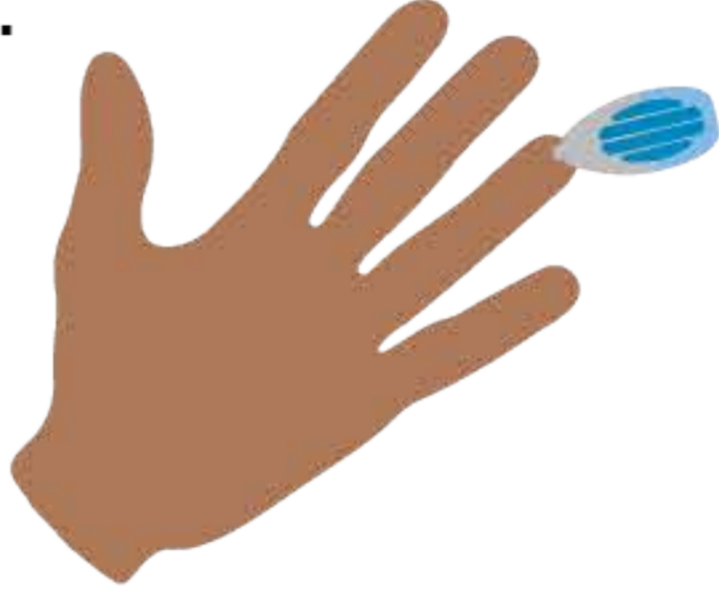



Scan Submitted
Scan sent at 16:20:58
For barcode ZAP_TEST_000001

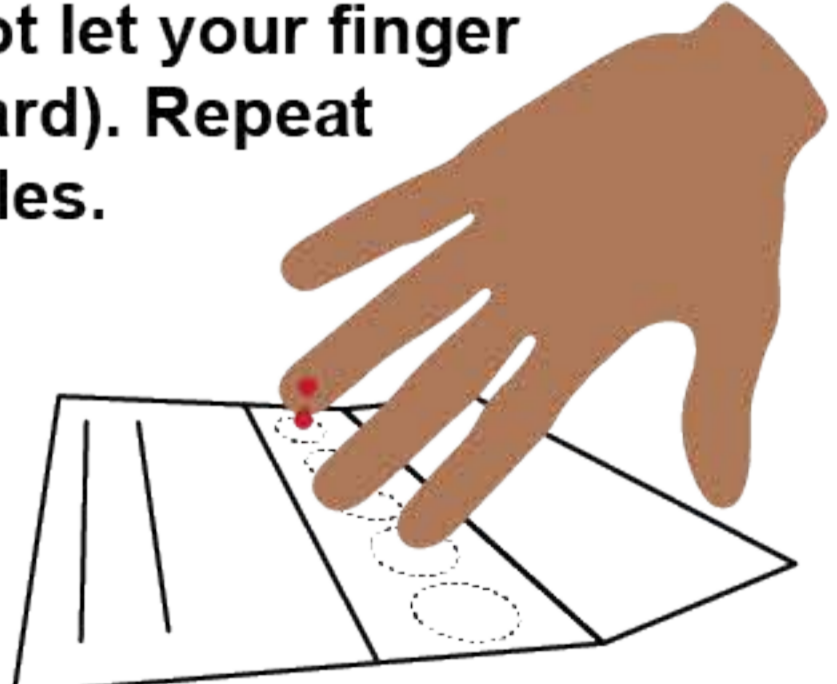
Next Steps:


 - Proceed to the next step in the fingerstick blood collection process.
 - You can view your research test results in your MyChart in about 60 days.
- 3 Select a finger (middle or ring finger of the hand you do not write with). You will be making the puncture so that it is across your fingerprint, not in line with the fingerprint. Clean the selected site with an alcohol swab and air dry.


- 4 Twist off the cap from the lancet. Press the lancet firmly against the selected site and hold it there until you hear the click. Wipe off the first drop of blood with sterile gauze.


- 5 Allow a large drop of blood to form. You can gently massage the base of your finger to help the blood flow more quickly.


- 6 Gently touch the blood drop to the center of the first circle of the card. You want the blood to soak in and COMPLETELY fill the circle (do not let your finger touch the card). Repeat for all 5 circles.


- 7 Multiple small drops can be put into the same circle, but don't put them on top of each other.



Too Little Too Much Drops on top of each other
- 8 Hold a sterile gauze against your finger until the bleeding stops, then apply a bandage.

